

Leadership and Values determine your action in co-Creating the life you want... Stand Up, Step Up and Get Up!!!!

"I had no one to follow; I did not know where I was going, "So I ended up here"

How I saved my own life after I Lost my Voice and Innocence at age 5yrs. old

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When I was 13 years old, I made a life changing decision that forever reshaped the destiny and outcome of my life. I was forever challenged from the events that took place at the early age when I was 5 years old, being the witness to my family destruction when my father committed suicide in front of me and my mother by shooting himself through the heart with an automatic hand gun. This was the foundation that I had to build my life from. By the age of 15, I left a very violent and abusive home life of poverty, welfare and faced the unknown bitter challenges of life without resources and no privileges of social upbringing. Without high school and college, I now have 40 years of life's experience gained thru the disheartening trauma of re-starting my life over 5 times now and being a last survivor, I have overcome 3-capitol economic rescission, 4-marriages (2-domestic and 2 international), 2-bankruptcies, DUI, foreclosure and when the doctor declared after 3 months of exam's regarding my condition just 6 years ago," that *I was dying from the inside out and he had no medical evidence for his summary "... While these are just the high-lighted points in between the many challenges, I had to re-learn how to "live" life over again by getting up from where I was at in life, standing up and stepping back out into life!!!*

With the wealth of my "*Life's Experiences and Wisdom*" which I have in my heart and mind, sharing the truth of my story with anyone and everyone globally, this is what inspires me and is my mission and my purpose is to help save the lives of the many that need to be guided out of their dark places,,,,,,

"if I made it through all of these catastrophic events, so can you" This is my message to you, your loved ones and to all on this planet earth...

I survived by starting a career in construction at age 15 as a construction laborer, living in multiple states, I just keep pushing forward and now I am a Master Builder, a Life Transformational Coach, a Healer and I one of the 800 registered, Division of the State Architect Class-1 Building Inspectors that has passed the exam since 1997 as required by the California State Education Code of 1933 for public safety. I am registered with 3 other public agencies and I am a veteran of the USMC.

Thank you God for blessing me with ability to overcome "*Severe Challenge*" and teach me to do the same for others and their loved ones, both professionally and personally...

This is what I have become, Please lead me to my followers,,,

RL

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Stepping into action versus non-action requires the commitment to oneself and others, to sort sift and separate to overcome your challenges. The two biggest and most destroying factors in one's life are the picking of the wrong personal and professional relationships with other people in your life and career. The school of hard knocks is equal to allowing one to fail in order to learn which yields the healthiest crops of the mind body and souls connection..

Commitment to healing and peeling away the layers and unwinding the years the stuff or junk in the trunk and closet of your mind's eye is the driver, inspiration and what you wake up for, what you appreciate and desire most in life that you believe to be missing and causes you to think out-loud to yourself and others.. Removing and collapsing the entangled energy of your inner most desires that is holding you back from living your more fulfilled life and destiny, *no matter what it is!!!*

To overcome the illusions and challenges you see and feel in yourself and in front of you, you must be clear on what the perceptions are that you hold inside yourself (ego) based on the illusions and fantasies of subordination to the law of the reciprocity. This is your default beliefs system, your default programing that you were born into being that is in control and on auto pilot of your every move, action and non-action... Perceived or your labeled failure is needed and is evidence you are on track and being guided thru your journey in becoming the real you...

Mastering the law of rejection and acceptance is taking charge of your emotions. Emotions are the physical catalyst and drivers that control the outcome of the events you are sensing with the 3 basic learning styles, kinesthetic, auditory and visual senses which we are all born with, that creates the labels to the events and emotions we experience. This is the gift of life, The law of reciprocity...

Your story determines your strategy, your strategy determines your outcome, so change your story if you're not getting what you want and start by stating, "Today I have the opportunity to...."

Re-define your vision, mission and purpose... Live It, Be It, Do It and Begin with the End in Mind. Your persistence, desire and will-power define your purpose, plans and the riches define your principles... No one can take this from you if you learn how to determine what it is that you want and value, while not subordinating yourself to someone else's values and learn to communicate what you value in terms of what they value, then you will most likely achieve what it is you want out of life...

So I ask you to ask yourself; does it make you feel your life is important? Your results are the consequences of your behavior and your behavior is the result of attitude and your attitude is the result of your habits of thoughts and your habits of thoughts are the results of conditioning and conditioning is the results of input which occurs over space, time and repetition. You become what you think about through re-coding your system default programing that messed you up along the way... It's time to get a new hard drive and thrive!!!

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Two Types of thinker's;

- 1- To Go thinkers; these are productive thinkers...
- 2- To Date thinkers; these are the ones that think up to yesterday...

- 85% of managers have never had formal training
- 68% of productivity is determined by the immediate manager
- 55% of employees are disengaged in their jobs
- 22% of employees are actively dis-engaged and are intentionally in avoidance and blame
- 69% of all American sectors think the United States faces a crisis and collapse in lack of Leadership

HELP ME HELP YOU!!!!!! The current work place has for the first time in history, (4) generational ethic groups... this also extends into every person's personal life causing disempowerment through re-active thinking patterns.

- What one thing could I be doing that would/will make a difference in my life and those around me?
- Relationships are like a drug, they are addictions!!!
- Change your beliefs and change the outcome to your story
- Seek first to understand, then to be understood
- acquisition of goals is where self-esteem comes from
- what are you willing to do to get what you want?
- what does it or this mean to you? (Tell the truth)
- Eliminate in-effective habits
- Announce publically, Track results, Reward good efforts
- depression is equal to the empty nest syndrome
- Strength is pulling people from within not pushing them
- do not be a victim of your management self-malpractice

6 Basic human needs are: (the human addictions)

- Certainty
- Variety
- Significance
- Love/Connection
- Growth
- Contribution

Motivation .VS. Transformation

External Internal

What I have learned from some of the greatest Leaders in Modern time:
Happy New Years 2016 (had to make a correction) 2nd Post

~Truth has 3-Brands:

- 1-Imagined
- 2-Apparent
- 3-Actual

~Reality has 3-Brands:

- 1-Distorted
- 2-Observed
- 3-Ultimate

~There are 7-Stages

- 1-Recognition
- 2-Exploration
- 3-Comprehension
- 4-Completion
- 5-Re Conciliation
- 6-Affirmation
- 7-Reunification

~3- Types of Relationships:

- 1-Careful
- 2-Careless....
- 3-Caring

~3 Components of relationships:

- 1-Commonality
- 2-Compatibility
- 3-Chemistry

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One's story determines one's strategy, one's strategy determines one's outcome, so change one's story if one's not getting what one want's and start by stating, "Today I have the opportunity to say...."

Vision, Mission and Purpose/ Live It, Be It, Do It / Begin with the End in Mind

-Persistence, desire and will-power define's one's purpose, plans and the riches define one's principles...

-No one can take this if one learn's how to determine what it is that one want's and value's, while not subordinating oneself to another's values and learn to communicate what one value's in terms of what another value's, then one will most likely achieve what it is one want's from the life one has been given... One's results are the consequences of one's behavior and one's behavior is the result of attitude and attitude is the result of one's habits of thoughts and ones habits are the results of conditioning and conditioning is the results of input which occurs over space, time and repetition. One become's to live what one think's about...

Happy New Year 2016 to All...

*RL
New Years
2016*